

ATURA CRYSTALS

A Reading in the Akashic Records

understanding your souls journey and path

## www.aruracrystals.com



What are the Akashic Records

Thank You, for taking the step to connect deeper with your soul and trusting me to take this journey with you.

All information shared with me is confidential

I'm Aarti , a Crystal Therapist and Natural Intuitive . I have been working with crystals since 2007 , Through intuition and higher states I am able to connect to the Records to bring you guidance from your guides and higher self.

The Akashic Records are a light library in the ether containing the energetic record of all the experiences of your soul, past and present, and future possibilities. They do not belong to any religion, but are universal and non judgmental. They are pure light, love and healing. They are not a physical library, however in my experience most readers visualize them very similarly ! They are a vibrational record of the events, thoughts, beliefs and feelings of every human being in all of their lifetimes, and also contain future possibilities.

*Our souls have chosen this life*, with the guidance of higher beings we select our family , friends, soulmates etc. We also come with certain gifts, challenges and opportunities all for our own growth.

They contain details of our soul contracts and the potentials, possibilities and soul learning we have chosen for ourselves in our current incarnation. It is possible to access these records and to download information which will help us cope with the problems and challenges we face. The high vibration quantum energy of the Akashic Records facilitates healing and transformation, and can be used as a valuable tool and medium to Evolve. Accessing the records not only helps us to heal but allows us to align with our soul selves and reach our highest potential for this lifetime.



How can a Reading Helps !

A reading can help you to

- $\star$  gain clarity about challenges and issues you are facing.
- $\star$  understand the origins of limiting beliefs and sabotaging patterns of behaviour.
- ★ gain a deeper understanding of your relationships with family members and friends.
- $\star$  learn about your soul contract for this lifetime.
- ★ discover your life purpose and mission and create a pathway forward.
- $\star$  do deep healing on a soul level.
- $\star$  find out about past lives that are linked to your current lifetime.
- $\star$  connect and communicate with your soul.

★ bring your human and soul selves into harmony and alignment to live a more authentic and purposeful life. For some the reading acts as a conformation of your inner guidance, or a message for your guides to dig deeper. Information is shared as your guides see fit. No reading is ever the same and I follow only the highest guidance that comes through.

With every reading I provide tools, further guidance for you to practice to achieve your desires. Please remember , it us up to you to heal yourself, the records are a guidance. Without change and action, we cannot create the future we desire. The records are not a 100 percent prediction unless you take action.



Procedure



Please send me the following in an Email:

- Your Full name as on any legal document. and the full name of anyone you have a question about
- Date of Birth yourself / the other
- 3-4 questions ( please see the kinds of questions you can ask )
- Please Note , it takes time to access answers AND you are provided guidance. So on an average , this is all that I have time for. Please do not send me more than 4 questions.

Reading will be done via Zoom, and you will receive an audio copy.

- The wait time will depend on the calendar schedule.
- I do not do urgent readings
- All readings are done online . You need to be available for call so I may share guidance, and clarify any doubts.

Please note

I cannot and don't access the records of children / minors. To access the records I need your permission, so I can access your records only and your relation with someone, and not their records or their souls blueprint. This is about YOU.What we can ask is about your karmic connection with them.

The records also do not give a time frame as that can constantly can change .Please exercise discernment with the information you receive and to understand there are many potentialities and possibilities for each of us as souls and more than one way of following our life's plan. THE SOLUTION DEPENDS ON YOU and your willingness to implement the guidance given.

Your reading is information downloaded after accessing your Akashic Records. It is not a fixed blueprint for your future. This is because as humans we have FREE WILL to choose our actions resulting in different outcomes. It represents the highest potential for you as a soul in this lifetime. It will give a higher perspective of the life lessons of your soul and chosen path in your current incarnation. Some of this reading will resonate and some may not. You may connect with the information at a later stage as things get clearer. You will get a copy of the Reading for yourself. You will receive any guidance that I get for you including meditations, crystals to use, affirmations or rituals.



Possible Questions for the Reading:

Make sure they are 'open' questions.- which is that they don't have 'yes' or 'no answers.

- Start your questions with 'Why? How? or What?
- Relationships: Please send me full name of the person and DOB including your own
- What is my soul relationship with xxx? (I cannot predict outcomes due to the free will we have as human beings.

How can I improve my relationship with xxx? This question will reveal any past life connections, lessons and guidance for

healing.

- Why did my child xxx, choose me as a mother? (what can I contribute to my childs journey)
- I cannot answer questions like what will they do in life, or will they get married.
- Career: How can I find more meaningful work?
- What is the next step for me career-wise?

• Why have I not realized my potential and what can I do to make it happen?4•What are my soul gifts, strengths?Other:• What

significant lives have I had that are affecting me now?

• How can I connect better to my soul self?

• How can I improve my health? Is there a past life connection? Why do I suffer from the health condition of xxx?

- How would xyz decision benefit me? Not what should I do.. That is your choice.
- What is causing my fear and anxiety?
- What is it the most important thing for me to focus on right now?

I request you not to give me details of the situation unless I ask you in the reading. as I receive the information and tune into the energy of exactly what you need to know. Guidance comes from the level of the soul and the perceptions we have about a situation are all constructed from ego.

You will receive information from your Higher Self, and Guides. .

At the beginning of the reading I will tune into your energy and receive any guidance that needs to come through. I will connect with you for a short call if needed and will use my intuition to reframe your questions if needed.

Thank you and pamaste!!

For Payment, Please Send an Email to arurahealing@gmail.com